

Did You Know?

Keeping employees focused on the work that matters while at work is vital to any organization's success. Losing even one hour a week per employee can silently drain a company's bottom line. Let's explore what employees are worried about and how these financial issues can negatively impact your organization.

Your Employees' Financial Problems are Your Financial Problems

Financial wellness is having an understanding of your financial situation and taking care of it in such a way that you are prepared for financial changes.

What is **financial wellness**?



Top Concerns of Employees¹



to a year ago



28%





Lack of Financial Wellness Impacts Your Organization in 3 Critical Ways:

PRODUCTIVITY



of employees worry about

personal finances while at

of employees actually spend

time at work dealing with personal financial problems.3

work.2

Time spent per week worrying about finances





46% spend 1-3 hrs

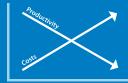


spend 3-4 hrs



When employees spend time at work focusing on financial problems, your company may experience high costs due to lost productivity.





substantial:





What's best for me?



RETENTION & BENEFITS PACKAGE

49%

44%

29%

of employees are somewhat likely to look for new jobs, with the majority of them leaving citing financial concerns⁴

of all employees surveyed say that, because of the economy, they are counting on employers' benefits programs to help with their financial protection needs6

HEALTHCARE RELATED COSTS

26%



of employees put off doctor visits due to economic conditions, potentially letting minor medical issues escalate into more costly problems.

Those employees who have high stress levels due to financial debt7: **2**x the rate of heart attacks 3x more likely to have ulcers or digestive tract issues 44% have migraines **500%** increase in anxiety and depression

Resources:

¹ 2013 Harris Poll ² 2013 Harris Poll

3 2013 Harris Poll



https://benefittrends.metlife.com/home/benefits-prescriptions/benefits-balancing-act

⁶ MetLife 2012 10th Annual Employee Benefits Survey ⁷ http://www.pfeef.org/research/Financial-Wellness-and-Health-Care-Costs.pdf

For more Employee Financial Wellness Insights, visit Info.PurchasingPower.com/FinancialWellness